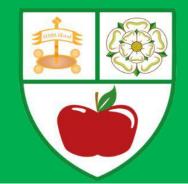
Applegarth Primary School Newsletter



Friday 20th June 2025

As the weather continues to be hot into next week, please remember to send your children with a hat, water bottle and all-day sun-cream applied in the morning before school.

Scroll down for an update on another successful Mr Renwick World Cup!

The Summer Fayre is next Friday on the field after school. Last shout out for donations please. We have enough books now and particularly welcome donations of gift sets, chocolate and bottles to make a really great tombola stall! Thank you for all of the donations to date – your support is always much appreciated.

The new Autumn 2025 menu has arrived – please see the following page.

Thank you to everyone who continue to contribute to the Silver Coin Challenge – not long to go now... keep those coins coming in!

I have been treated to a musical feast for my ears over the last couple of weeks with the sound of the singing from the Y6 production rehearsals drifting into my office. We are really looking forward to this in a few weeks time!

IMPORTANT – We are a 'NO NUTS' school due to several children having severe allergies. Please check ingredients carefully and do not send in snacks/lunchbox items that contain nuts.



Authorna 2025 Meanu

VES Catering TOTAL

For more information about food thems, menus, or recipes please speak to your on-site catering team, or contact our Technical Support Team. E. NVIDSateringshoorthyorks.gov,uk T. 03609) 335324 W. www.neethyarks.gov.uk/helnedmeals

m Fresh fruit or yoghurt a 🗅 🥒 options available every day!



requirements, please inform your school and our If your child has an allergy or special dietary catering team, so we can discuss their needs.

We have highlighted the 14 allergens on ain' information, but this is not included our menus to help you make informed secisions. Some of our recipes include

school cook for further information allergen matrix. Please contact your is however available on our daily on our menus. This information







Celery

Seamne



- Melb

Crustaceans

O Eggs - Elik





Peanut

Ghoten



free school meals and apply in a matter Find out if you are eligible to receive

www.northyorka.gov.uk/free-school-meals

of minutes by scanning here:

9

Moshed Potatoes

Cottage Fie C

V Jully & Ice-cream O

🗖 Veggie Dog 🕒 🚨 Hot Dog O O O

Potato Wedges

🛚 Toffee Apple Muffin 🕘 🔾 🕒

W No Sausage Roll 🔘 🔾 🐧 Battered Fish 🕕 😊 Chips 💟 Chocolate Orange Mousse Cake 🌕 🔾 📵

Served w/c 8th Sept, 29th Sept, 20th Oct, 17th Nov, 8th Dec 2026, 12th Jan end 2nd Fsb 2026

Served w/o 1st Sept, 22nd Sept, 13th Oct, 10th Nov. 1st Dao 2025, 5th Jan, 26th Jun 2026

💟 Chaesy Tomato Pasta Baka 🕛 🕒

M Quom BBQ Rica 🕕 🕛 🔾

■ Vanilla Swirl Cookie

Chicken Borger 🕛 🔞

🔟 Veg Burger 🕒 🚭 73 Diced Polatoes 💟 Oat Cookle & Cheese 🕒 🕒

💟 Crunchy Topped Mac & Cheese 🕛 🕒 🚱 Sweet Pototo & Lentil Curry

Chicken Karma with 50/50 Rice 🕦 🌐 🙆

Vegetable Noodles 🕒 🔾 🚭

& 50/50 Rice |

II Freity Jam Sandwich & Custard 🕙 🔿 🕕 🔟 Sticky Toffice Pudding & Custard 🖰 💍 🕒 💍

🛚 Leek & Potato Bake 🌕 🕓 Roost Gammon

Minced Beef & Dumpling

Mashed Potatoes

W Berry Mousse Pot

W Pizza Loaded Potato Skins 🕓 Beaf Mexican Taco with Rice

V Chocolate Sponge & Chocolote Sauce () O () ()

W Cheesy Bean Pasty OO O Fish Stor OO Chips VI Lemon Drizzle Shortbroad 🔘 🔾

Served w/c 15th Sept. 6th Cot, 3rd Nov, 24th Nev, 15th Dec 2025, 19th Jun, 9th Feb 2028

Chocolate Brownie () Weggle Sausage M Fizzo 6 6 6 M Pototo Wedges

Spaghetti Bolognese (1) (1) Veg Burnto with Rice (1)

V Cheese & Biscuit 🕒 🕒

Roast Chicken & Yorkshire Pudding 🕒 🔾 💍 Vegetable Hot Pot 🕛 🕛

Moshed Potatoes

N Rice Pudding & Jam C

Pork Meatballs in a Tomato Sauce with Rice 🔝 🕒 🔊

W Veg Carbonora 🔾 🔾

M Rhuborb Crumble Sponge

& Custard O O O

Fish Fingers 🌕 🔾 🖯

W Veggie Bile Sub 🕛 🕛 😃

M Fruit Muffin

Nesse be aware that we are unable to guarantee a completely food alleggen-free environment, as foods containing alleggens are used in the kitchen. Additional items may be available at your whool, i.e. jacket potatoes and sandwiches. Please goods to your school for furtiber information.

Mr Renwick's World Cup

Our whole school had an amazing day with our annual Mr Renwick's World Cup in the sunshine. Everyone played amazingly well and were so supportive of each other. A massive thank you to James Lofthouse for running this event and Mr Renwick for coming down to support us! Well done to Earth who won overall.









For more information about food items, menus, or recipes, please speak to your on site catering team, or contact our E. NYESCatering@northyorks.gov.uk T: (01609) 535324 W: www.northyorks.gov.uk/schoolmeals Technical Support Team:





requirements, please inform your school and our catering team, so we can discuss their needs. If your child has an allergy or special dietary



'may contain' information, but this is not included 000 school cook for further information. allergen matrix. Please contact your on our menus. This information











Milk

Crustaceans

Eggs Fish 0

Celery





Gluten

with the Government School Food Standards, meaning they are good for your children too. They will very occasionally need to change Our menus are not only tasty, but comply Peanut



www.northyorks.gov.uk/free-school-meals free school meals and apply in a matter Find out if you are eligible to receive of minutes by scanning here.

please check with your catering team if your child has any dietary requirements. due to circumstances beyond our control, so

WEEK 1

Served w/c 1st Sept, 22nd Sept, 13th Oct, 10th Nov, 1st Dec 2025, 5th Jan, 26th Jan 2026

💟 Cheesy Tomato Pasta Bake 🕑 💽

M Quorn BBQ Rice 🕕 🕒 🕒

💌 Vanilla Swirl Cookie 🜔

Chicken Korma with 50/50 Rice 🌕 🕑 🙃 🛚 Vegetable Noodles 🗂 🕒 🔞 🛛 Fruity Jam Sandwich & Custard 🙂 🔘 🐧 🔯 Sticky Toffee Pudding & Custard 🕙 🔾 🖰 🕃

Minced Beef & Dumpling 🕒 W Mashed Potatoes V Cottage Pie

(pp

V Jelly & Ice-cream 🕛

我我我我在

Hor Dog 🕒 🔞 🖸

💟 Veggie Dog 🕛 🍪 Potato Wedges 🛚 Toffee Apple Muffin 🕙 🕒 🕒

V No Sausage Roll 🕒 🕒 🖪 Battered Fish 🖰 🤤 The Chips 🛛 Chocolate Orange Mousse Cake 🕙 🕒 🕦

WEEK 2

Served w/c 8th Sept, 29th Sept, 20th Oct, 17th Nov, 8th Dec 2025, 12th Jan and 2nd Feb 2026

Served w/c 15th Sept, 6th Oct, 3rd Nov, 24th Nov, 15th Dec 2025, 19th Jan, 9th Feb 2026

Chicken Burger 🕘 😰 💟 Veg Burger 🌕 🎕

W Diced Potatoes

V Oar Cookie & Cheese 🌕 🕒

💟 Crunchy Topped Mac & Cheese 🖰 🚺 😰 Sweet Potato & Lentil Curry

Spagheni Bolognese 🕛 🗓

Veg Burrito with Rice

V Cheese & Biscuit 🖰 🕒

V Chocolate Brownie 🕙 🔾

🚾 Veggie Sausage 🏥

Wedges Wedges

V Pizza 🕙 🕓 🛞

& 50/50 Rice 🕕 🕒 🛑

Roast Chicken & Yorkshire Pudding 🕒 🕒 🚯

💟 Vegetable Hot Pot 🌑 🕒

Mashed Potatoes

💟 Leek & Potato Bake 🕒 🕓 Mashed Potatoes Roast Gammon

W Berry Mousse Pot 🕒

V Pizza Loaded Potato Skins 🕓 Beef Mexican Taco with Rice

Pork Meatballs in a Tomato

Sauce with Rice 🕕 🕒 🚱

VI Rice Pudding & Jam 🕒

M Chocolate Sponge & Chocolate Sauce 🚺 🚨 🗓 🖸

W Rhubarb Crumble Sponge

& Custard 🖰 🔘 👩

Veg Carbonara 🔘 🕕

M Cheesy Bean Pasty 🥴 🕒 🕞 Fish Star 🔘 😋 Chips 🛚 Lemon Drizzle Shortbread 🕒 💍

🛚 Veggie Bite Sub 🕕 🕒 🕦 🏽 Fish Fingers 🔾 🖰 🕓 Chips

🛚 Fruit Muffin 🕒 🖰

SZ /50 S990TE00/

Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen Additional Items may be available at your school, i.e. Jacket potatoes and sandwiches. Please speak to your school for further information

Attendance

Our whole school attendance is currently at 95.2%



SAFEGUARDING NOTICES

Safeguarding is everyone's responsibility

Car Parking – VERY IMPORTANT

Please can parents ensure that they <u>do not use Upwell Road or the school car</u> <u>park</u> without prior agreement with the school. Parents should be using the main Applegarth Car Park at the end nearest to school for all parking. As well as causing a nuisance to our neighbours and congestion, the road and our school car park are constricted and a high volume of cars makes it unsafe.

Please can parents also make sure that their children are taking good care in the main Applegarth Car Park and being safe.

Thank you for your help in this matter.

All staff at Applegarth know that safeguarding is EVERYONE'S responsibility. Find out more on our <u>Safeguarding Page</u>.

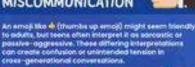
For information about **Online Safety**, visit our dedicated <u>webpage</u>. You can also report any concerns you have to our <u>welfare email: dsl@applegarth.n-yorks.sch.uk</u>

What Parents & Educators Need to Know about

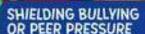
WHAT ARE THE RISKS? Emojis are more than playful expressions — they form a fast-evolving digital language that many adults struggle to decode. For young people, this "secret code" is central to how they communicate identity, humour and emotions. With over 5 billion emojis sent daily on Facebook Messenger alone, understanding these symbols is key to engaging meaningfully with digital youth.

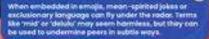


GENERATIONAL MISCOMMUNICATION



ø

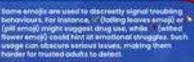




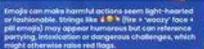


Emoji meanings can change overright. A person standing emoji (†) once signified awawandness but might now be repurposed for something entirely different. This ever-changing lesticon can leave adults in the dark and young people vulnerable to misurdesstanding or misure.





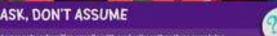
NORMALISING RISKY BEHAVIOURS





LEARN THE LINGO

SLAYING Stay updated with emoji trends and definitions using resources like emojipedia arg or Urban Dictionary. Knowing current meanings builds confide when engaging with young people and helps spot potential concerns early.





CREATE SAFE SPACES FOR DISCUSSION

Approach unfamiliar emojs with curiosity rather than suspicion. A light-hearted "What does !" (juice box emoj) mean these days? can open conversation and show that you respect their knowledge



PRIORITISE TRUST OVER SURVEILLANCE

While parental controls and monitoring fools can be useful, emotional safety matters most. We comeone children and young people feel they can come to — not just comeone who's watching them.

EMOJI CHEAT SHEET - The following stang terms and emojis are some common examples - please to aware this lan't an exhaustive list.

COMMON EMOJIS





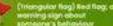








Over-affectionate or his











POTENTIALLY CONCERNING EMOJIS









Meet Our Expert

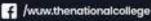
Keith Broni is a globally renowned enroll expert and the Editor in Chief of enrolpedia.org. the world's number one email resource. He has an MSc in Bruiness Psychology from University College London and an MBA from Quantic School of Business and Technology.





National College







(O) @wake.up.wednesday





2024/2025 Academic Year

2024/2025 Academic Year					
Event	Class/ Phase	Location	Date and Time		
Mr Renwick's World Cup	Whole School	Applegarth Primary School	18 th June 2025		
Whole Class Photos	Whole School	Applegarth Primary School	20 th June 2025		
Friends of Applegarth Summer Fayre	Whole School	Applegarth Primary School Field	27 th June 2025, 3:30-5pm		
Sports Day	KS2 - AM KS1 – PM	Applegarth Primary School	2 nd July 2025		
Y2 Whitby Visit	Y2	Whitby	7 th July 2025		
Y6 Leaver's Production	Y6	Applegarth Primary School	7 th July 2025, 5:30-7:30		
Sports Day (back up day)	KS1 – AM KS2 – PM	Applegarth Primary School	9 th July 2025		
Y6 Leaver's production	Y6	Applegarth Primary School	10 TH July 2025, 5:50-7:30		
Reports out	Whole School	Applegarth Primary School	11 th July 2025		
Y ₃ / ₄ Deershed Visit	Y ₃ and Y ₄	Baldersby Park	17 th July 2025		
Y6 Leaver's Assembly	Y6	Applegarth Primary School	17 th July 2025, 2:00-3:00		



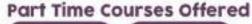
2024/2025 Academic Year

Event	Class/ Phase	Location	Date and Time
Summer holidays	Whole School	Applegarth Primary School	School closes Friday 18 th July
Return to school	Whole School	Applegarth Primary School	School opens Wednesday 3 rd September
Bikeability	Year 6	Applegarth Primary School	22 nd and 24 th September, 1 st October

Part Time Teacher Training

Thinking about a career in primary teaching but need flexibility? Our part time course is perfect for parents and career changers with a degree. You can continue working part time while training with us to gain Qualified Teacher Status and a PGCE from the University of Leeds.

We understand life is busy, so our twoyear course is designed with your commitments in mind. With tailored school placements, a clear calendar and professional training days, you'll be fully supported every step of the way.



Primary 3-7

Primary 5-11

Find out more > www.redkiteteachertraining.co.uk









- · Two days per week real work experience in a local school
- · Weekly theory sessions facilitated by experienced school-based tutors
- One year course nationally recognised and respected qualification equivalent to an A-Level

For more information please visit: swaledalealliance.org or email info@swaledalealliance.org





The class that collects the most money in silver coins will win a treat and cash prize for their class!

Starting after half term for 4 weeks. Start date: Mon 2nd June End date: Friday 28th June











ciends of Applegarts Raffle Prize List Sam Turners- Prize TBC The Hair Barn- Voucher Daisy Doodle- Voucher Betty's-Hamper Leisure Centre- Family Swim Spencer's Of Newsham Grange-Voucher Nton Working Men's Club- 2 Bottles Black Sheep Brewery- Tour for 2 Catterick Racecourse- 2 Grandstand Tickets Bolton Castle- Family Day Pass Kiplin Hall- Family Day Pass

- · Tesco- Gift TBC
- Beamish- 2 Tickets
- Ripon Racecourse- 2 Paddock Tickets
- Origin Northallerton- £15 Voucher
- Shine Hair & Beauty- Blow Dry & Finish
- Stockdales- MOT
- Lewis & Cooper- Hamper
- HappySelf Journal Junior edition
 Hopefully more prizes to be confirmed.



OPAL

We need your help!

Although we expect better weather next term, we do know there will still be rainy days and we would like to continue to use the field. To support us with this, please can your child have wellies, or spare shoes and a waterproof coat with a hood in school everyday. Their wellies/spare shoes should be in a plastic bag with their name on them.



Den Building Area

We are aiming to develop our den building area. Tarp, crates, wooden planks and pallets are all great examples of what you could donate to our school to spark our creativity.

Bikes

We are really short of bikes that are suitable for our **KS2 children**. If your child is growing out of their bike and it is in good working order, we would happily accept your donation.



Artist of the month



Our artist of the term is Stephen Hornsey.

Mrs Burrell has set you the challenge to take a picture of somewhere local after being inspired by Stephen's work. Print it off 6 x 4 and put your name, class and location on the back.

Entries close on Monday 14th July.













myHappymind

Download your FREE myHappymind Parent App

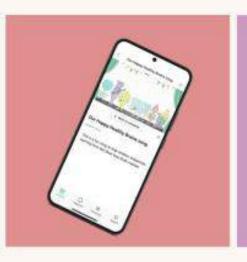


...An online resource to support you and your family to learn more about how you can use myHappymind to support your child.



myHappymind for Parents

parents with children at a myHappymind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

121308



Autism Central Parent/carer drop-in

Northallerton

Do you have an autistic child (with or without diagnosis) and need support? Do you live in Northallerton?

Autism Central parent/carer drop-ins are an opportunity for families and carers of autistic people to connect with each other and get advice and support from Autism Central staff. This group is suitable for you if you have a family member who is diagnosed/going through the diagnostic process/has been identified as having a need relating to autism, ADHD, sensory processing difficulties, anxiety and social communication differences. Autism Central offers high-quality and easily accessible support, education and training alongside a dedicated website.

UPCOMING DATES

Address: Northallerton Library, 1 Thirsk Rd, Northallerton DL6 1PT

Thursday 5th June / 1pm-2:30pm

Thursday 19th June / 1pm-2:30pm

Thursday 3rd July / 1pm-2:30pm

Thursday 17th July / 1pm-2:30pm

For more information, please book online /contact the Autism Central team:

Email: support@daisychainproject.co.uk

Visit our website: daisychainproject.co.uk/autism-central/





JULY 2025 Newsletter

FACE delivers online support via zoom for parents across the UK

Talks are 90 minutes long, £24 each or FREE with a school membership code

Book Online at facefamilyadvice.co.uk on the PARENTS page



Schools can purchase a

FACE School Annual Membership

which means ALL parents and ALL staff get unlimited FREE access to ALL 16 parent talks

Thursday 31st July 19:00 - 20:00

FREE



Supporting Healthy Screen Use

Screens are here to stay.

Identifying the issues and step by step guide to reduce the negative impact.

Monday 21st July

10:00 - 11:30

£24

recording available



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Monday 28th July 10:00 - 11:30 £24

recording available

Tuesday 29th July 10:00 - 11:30 £24

recording available



Facing Defiance

Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.



Anxiety Based School Avoidance

Understanding and supporting children who are anxious about school.

Steps you can take to help them back into the classroom.

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk



July Timetable

All sessions delivered live online via zoom £24 each 90 minutes long Book online at facefamilyadvice.co.uk Recordings available for 48 hours

Understanding Anger	1 July 10am
Supporting Healthy Screen Use	1 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Cannabis & Ketamine Awareness	8 July 10am
Anxiety Explained	8 July 7pm
Raising Self-Esteem	14 July 10am
Supporting Healthy Sleep	14 July 7pm
Decreasing Depression	15 July 10am
Understanding the Teenage Brain	15 July 7pm
Supporting a Child with ADHD	21 July 10am
Understanding Addictive Behaviour	21 July 7pm
Autism Improving Communication	22 July 10am
Improving Family Communication	22 July 7pm
Facing Defiance	28 July 10am

James Lofthouse Football for 4-12 year olds





Brompton Primary School DL6 2RQ

8.45am - 2.45pm 4 to 6 year olds

9am - 3pm 7 to 8 year olds

9.15am - 3.15pm 9 to 12 year olds

Tuesdays to Thursdays

Week 1 22nd to 24th July

Week 2 29th to 31st July

Week 3 5th to 7th August

Week 4 12th to 14th August

Week 5 No Camps

Week 6 No Camps

Come have fun, make friends and learn new skills in a safe environment

And why not try... MULTI SPORTS MONDAYS

22nd and 28th July 4th and 11th August

Staggered start times as above

Cost

Prices are reduced if you book days in the same week.

If you book for 2 days please message me on 07908 199994 for a discount code.

Football

£20 per child per day £38 for 2 days £54 for 3 days

Multi Sports

£20 per child per day

Your child will need...

playing kit and boots to suit the weather, plenty to drink and a packed lunch.

Please note all sessions will be outside. Toilets are available in the school.

Cancellations

If any days of the camp are cancelled due to adverse weather conditions a credit will be added to your account for future camps and sessions.

Use code
UHM596
on or before
15th June for
10%
discount





For more information What's App James Lofthouse on 07908 199994 or to book please use the booking system at

james-lofthouse-football.classforkids.io/camps

- booking is essential and on a first come first served basis





Ages 4-11



(9am-3pm)

Summer Holiday Club

Your child's best summer starts here!





Book your child's place today - Limited Space's Available https://www.rosedenenurseries.co.uk/contact

Offered at our Easterside, Egglescliffe, Hemlington, Guisborough, Northallerton, Ormesby, Redhill and Saltburn nurseries



GET READY TO SWIM, BIKE & RUN: YORK KIDS TRIATHLON IS HERE!

- FUN ACHIEVABLE DISTANCES FOR ALL ABILITIES OF 5-16 YR OLDS
- HEATED INDOOR POOL SWIM
- TARMAC CYCLE COURSE
 & FLAT GRASS RUN ROUTE
- UK KIDS FUN TRIATHLON FINISHERS MEDAL FOR EVERYONE

16TH AUGUST 2025

YORK SPORT VILLAGE, YORK UKTRIATHLON.CO.UK



THE SARAH LOUISE SCHOOL OF DANCE

JUNE 27 & 28
THE FORUM
NORTHALLERTON, 7PM
TICKETS £12/14
ON DOOR £14/16

BOOK ONLINE:

www.sarahlouiseschoolofdance.co.uk Or The Forum Box Office 01609 776230











www.studysmartuk.online