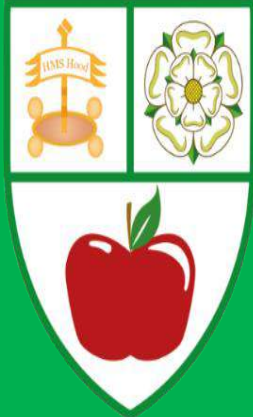


# Applegarth Primary School

# Newsletter

Friday 4<sup>th</sup> April 2025



It has been an amazing week for our Year 6s who have done themselves proud during their residential trip to Robinwood – there are pictures further down to see what they got up to!  
We all enjoyed the Silent Disco last night – it was great to see so many taking part!

Thank you all for your support over the Spring term. We wish you all a happy and restful Easter break and look forward to seeing you when **we return on Tuesday 22<sup>nd</sup> April at 8:45am.**



## Golden Awards

This afternoon, we hosted our Spring term Golden Awards ceremony. One person from each class was nominated for exemplary behaviour and demonstrating a sustained commitment to being ready, respectful and safe. Families were invited to join and pupils were awarded a certificate and a shiny trophy!

Mrs Burrell	Mr Whiteley	Mrs Mitchell	Mrs Crossley
Reuben H	Oscar B	Wren K	Willow J

Mrs Hughes	Mrs Cross	Mrs Slinger	Mr Edwards	Mrs Jones	Miss Mutch
Adelina C	Arthur H	Annie C	Jacob O	Amy P	George C

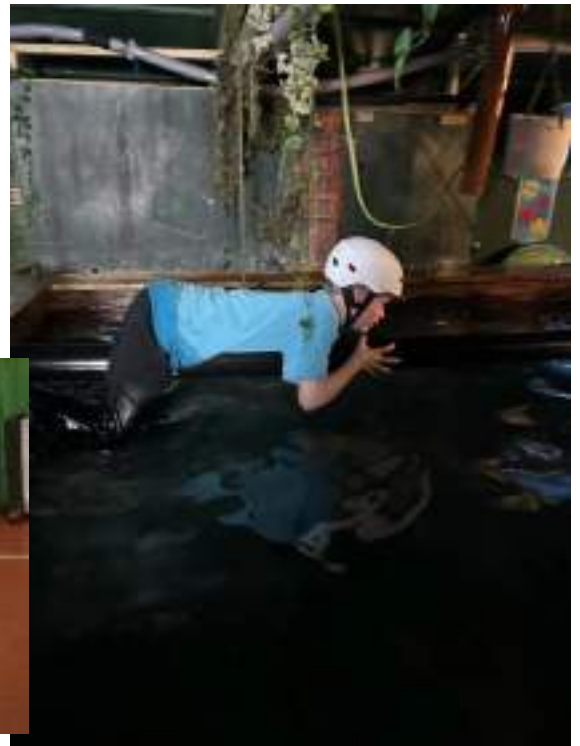
# RobinWood



Year 6 children really enjoyed their residential to Robinwood and were a credit to Applegarth. As you can see from the pictures, everyone got stuck in. Thank you to all the staff that joined them.



See more pictures [here](#).





# Easter Silent Disco

Applegarth's inaugural silent disco took place last night! Although quite a surreal experience to those of us without the headsets on, children enjoyed being able to have control over the sound level and enjoyed a dance under a more controlled sound level. Thank you to the PTA for organizing and making sure that there were plenty of hotdogs to go around as well!



# Artist of the term art competition



*A huge thank you to everyone at Applegarth Primary School for having me as your Artist of the Term, it's been such an honour!*

*I've been absolutely blown away by the talent, creativity, and care shown in every single entry. From sweeping Yorkshire landscapes to characterful garden birds and springtime scenes full of colour and life, you've each captured the spirit of the Dales in your own beautiful way.*

*It's been a real joy to see how you've observed the world around you and brought it to life through your drawings. Thank you so much for sharing your art with me, keep creating, keep observing, and most of all, keep enjoying every moment with your pencils!*

Stacey x

## Winners





# Download your **FREE** myHappy**mind** Parent App



...An online resource to support you and your family to learn more about how you can use myHappy**mind** to support your child.



## myHappy**mind** for Parents

Exclusively for parents with children at a myHappy**mind** School or Nursery.



Learn all about what your children are learning in school

myHappy**mind**  
**Parent App**

YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

# 121308

# SAFEGUARDING NOTICES

## Safeguarding is everyone's responsibility

Online safety is becoming more of a challenge to navigate and school would be really interested in collecting parental views around this issue. Please complete the e-form below by 4<sup>th</sup> April 2025. The link will also be sent via text message for ease of completion.

<https://forms.office.com/e/gkYNz5Gg6N>

Thank you for your help in this matter.

All staff at Applegarth know that safeguarding is **EVERYONE'S** responsibility. Find out more on our Safeguarding Page.

For information about **Online Safety**, visit our dedicated webpage.

You can also report any concerns you have to our welfare email:  
[dsl@applegarth.n-yorks.sch.uk](mailto:dsl@applegarth.n-yorks.sch.uk)

### **IMPORTANT – We are a 'NO NUTS'**

school due to several children having severe allergies. Please check ingredients carefully and do not send in snacks/lunchbox items that contain nuts.





# What Parents & Educators Need to Know about

# TIKTOK

APPROXIMATE  
13+  
(Content includes a lot  
of content that is only  
suitable for 13+)

## WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

## AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, for you is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app could potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

## BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

## IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £3.99 to an eye-watering £99; while that may not sound appealing, the app still generated £79 million in user spending in 2020. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a false birth date.

## CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact with strangers on TikTok is high – especially as accounts created by under-18s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

## MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more lighthearted than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 16-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

## ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2020, UK children spent an average of 127 minutes per day on the app; that's twice as much as in 2016. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly addictive nature of bite-size videos may also impact children's ability to maintain focus.

## Advice for Parents & Educators

### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

### DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Insure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

### BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

### READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

### Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday

The National College

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.01.2025

Source: useful reference list on guide page at <https://nationalcollege.com/guides/tiktok-2025>

# OPAL

## We need your help!

Although we expect better weather next term, we do know there will still be rainy days and we would like to continue to use the field. To support us with this, please can your child have **wellies, or spare shoes and a waterproof coat with a hood** in school everyday. Their wellies/spare shoes should be in a plastic bag with their name on them.



## Den Building Area



We are aiming to develop our den building area. Tarp, crates, wooden planks and pallets are all great examples of what you could donate to our school to spark our creativity.

## Bikes

We are really short of bikes that are suitable for our **KS2 children**. If your child is growing out of their bike and it is in good working order, we would happily accept your donation.

**Thank you to Mr Parkinson for repairing our bikes! The children have really enjoyed using them again this week.**



# Attendance w/c 24<sup>th</sup> March 2025

Currently our whole school attendance is at 95.5% for the school year. It is vitally important that your child/ren attends school, not only for academic purposes but for social and emotional reasons too. Data shows that children in Key Stage 2 who didn't achieve the expected standard in reading, writing and maths missed on average four or more days per school year than those whose performance exceeded the expected standard.



0 days of school	100%	Perfection
Equates to 2 days off school each year	99%	Excellent
Equates to 5 days off school each year	97%	Good
Equates to 10 days off school each year	95%	Slight Concern
Equates to 20 days off school each year	90%	Concerned
Equates to 30 days off school each year	85%	Very Concerned



2024/2025 Academic Year

Event	Class/ Phase	Location	Date and Time
Easter holidays	Whole School	Applegarth Primary School	School closes Friday 4 <sup>th</sup> April and opens again on Tuesday 22 <sup>nd</sup> April
Month of the Military Child Purple Up Day	Whole School	Applegarth Primary School	Friday 25 <sup>th</sup> April – children will be marking the day in class, no action for parents.
Marrick Priory Residential	Y5	Marrick Priory, Reeth	14 <sup>th</sup> -16 <sup>th</sup> May 2025
Mr Renwicks World Cup	Whole School	Applegarth Primary School	18 <sup>th</sup> June 2025
Sports Day	KS2 - AM KS1 – PM	Applegarth Primary School	2 <sup>nd</sup> July 2025
Sports Day (back up day)	KS1 – AM KS2 – PM	Applegarth Primary School	9 <sup>th</sup> July 2025



A huge thank you to all the children and staff for contributing and helping Applegarth to raise a whopping £188.66 for this years Comic Relief event!



**STUDY  
SMART**  
Free Online Courses



**ncfe.**

**cache**



Education & Skills  
Funding Agency

**Fully Funded  
School  
Support  
Course**

**Available  
in Levels  
1, 2 & 3**

**\*Go to our website  
for more detailed  
information.**



**6 Week  
Course  
Mon - Fri**

**Daily sessions**

**1st session 9:30 - 11:30am**

**2nd session 12:30 - 2pm**

**[www.studysmartuk.online](http://www.studysmartuk.online)**



# EASTER HOLIDAY ADVENTURES

**BASE  
CAMP**

AT BALDERSBY PARK,  
TOPCLIFFE.



**FRI 11<sup>TH</sup> APRIL** (5-11 years old)  
**SPRING DETECTIVES  
& NATURAL ART**

**MON 14<sup>TH</sup> APRIL** (7-13 years old)  
**FORAGE, FIRE  
& COOKING**

**TUES 15<sup>TH</sup> ARIL** (7-13 years old)  
**ARCHERY &  
DEN BUILDING**

**THUR 17<sup>TH</sup> ARIL** (5-11 years old)  
**SPRING TREASURE HUNT  
& NEST-MAKING**

**£32 PER  
SESSION**

Includes drinks & homemade snack.

**TO BOOK -** [www.basecamplearning.co.uk](http://www.basecamplearning.co.uk)







**Fun & exercise  
for all Primary  
School children**

# **Cricket and Athletics Camp**

only

**£20**

per athlete



**Tue 15 Apr**  
**10am-3pm**  
Scruton Cricket Club

*Wrap around care from 8.30am provided  
at an additional cost of £3 per child*

*We operate in a COVID-secure environment*

Along with Matty Brown, former North East Premier League batsmen and Level 1 coach, the kids will have a fun-packed day learning the fundamentals of cricket and athletics with Glen Hilton, athletics coach and former England international athlete.

For more details contact Glen Hilton:

**[hiltonglen444@gmail.com](mailto:hiltonglen444@gmail.com)**



**Your child will need:**

- **A packed lunch**
- **Plenty of fluids**

Location address: Scruton Cricket Club, Station Rd, Scruton, Northallerton DL7 0QN



# EASTER ROCK CLIMBING



Our holiday climbing sessions are an ideal way for kids to get out and enjoy the great outdoors during the holidays. With activities including climbing, abseiling and weaselling, it is an action-packed day.

Just a packed lunch and old clothes for climbing, scrambling, crawling and we'll provide the rest.

**£55.00, or £102.50 for siblings (7-16 years old)**

**Ilkley Cow & Calf: 7th-10th, 14th-17th April 9:30-16:30**

**Brimham Rocks: 7th-9th April, 14th-16th April 9:30am-16:30**

**Childcare Vouchers accepted**



**Book online or contact us via email**



 [WWW.MYEXPEDITIONROCKS.COM](http://WWW.MYEXPEDITIONROCKS.COM)  [INFO@MYEXPEDITIONROCKS.COM](mailto:INFO@MYEXPEDITIONROCKS.COM)



# EASTER TENNIS



April 8th-16th - With Adam Scaife - LTA Accredited+ Coach

## MONDAY TUESDAYS & WEDNESDAYS

@ Aine



**Book one or multiple**

**sessions:**

Message/Call Adam

07876458168

Email

Adam\_scaife91@hotmail.com

Social Media

@LTAMiniTennisThirsk

**8th, 15th**

**TOTS**

9am-10.30 - 3-5yrs

**6-10 yrs**

10.30am-12.30 - red ball

**8-13 yrs**

1.30-4.30 - Green Ball

**9th, 16th**

**TOTS**

9am-10.30 - 3-5yrs

**6-10 yrs**

10.30am-12.30 - red ball

**12 + yrs**

1.30pm-4.30 - Full ball

**14th April**

**TOTS**

9am-10.30 - 3-5yrs

**6-10 yrs**

10.30am-12.30 - red ball

**9-14 yrs**

1.30-4.30 - Green Ball

**Costs**

Tots (90 minutes) - £10

Red Ball (2 hrs) - £14

Orange/Green Ball-Full Ball (3 hrs) - £19

**THURSDAY**

**@ KNAYTON**

**FRIDAY**

**@ COXWOLD**

**10th April**

**TOTS**

9am-10.30 - 3-5yrs

**6-10 yrs**

10.30am-12.30 - red ball

**8-13 yrs**

1.30-4.30 - Green Ball

**11th April**

**TOTS**

9am-10.30 - 3-5yrs

**6-10 yrs**

10.30am-12.30 - red ball

**9-14 yrs**

1.30-4.30 - Green Ball

**Locations**

Aine Tennis Club - Back Lane - YO61 1TU

Thirsk Tennis Club - Newsham Rd - YO7 1QP

Leake Tennis Club - HRAP Knayton - YO7 4AX

Coxwold Tennis Club - Coxwold - YO61 4AD



# ONLINE SESSIONS

## For Parents/ Carers

# UNDERSTANDING YOUR CHILD'S NEEDS

For parents/carers of neurodiverse children  
(with a diagnosis or awaiting assessment)

**Presented by  
NYC Children and  
Families Service:  
Early Help**



**NORTH  
YORKSHIRE  
COUNCIL**

**Tuesday 25<sup>TH</sup> February , 18:00 –19:00**  
**Supporting you to support your child through  
shutdown, meltdown and crisis**

**Tuesday 25<sup>TH</sup> March , 18:00 –19:00**  
**Supporting you and your child with their  
emotional and sensory regulation**

**Tuesday 29<sup>TH</sup> April , 18:00 –19:00**  
**Supporting you and your child with sleep**

For more information contact  
[candfhubhambleton@northyorks.gov.uk](mailto:candfhubhambleton@northyorks.gov.uk) or  
[candfhubrichmond@northyorks.gov.uk](mailto:candfhubrichmond@northyorks.gov.uk)



FACE delivers online support via zoom for parents across the UK  
Talks are 90 minutes long, £24 each - Book Online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



Schools can now buy a  
**FACE School Annual Membership**  
which means **ALL** parents and **ALL** staff  
get unlimited **FREE** access to **ALL** 16 parent talks

Thursday  
24th April  
19:00 - 20:00  
**FREE**



### **Responding to Angry Behaviour**

What can we do in the moment?

Tuesday  
18th March  
10:00 - 11:30  
£24



### **Anxiety Explained**

Anxiety, especially in our young is rising.  
This session explains what it is, why it happens and how you can help.

Thursday  
3rd April  
10:00 - 11:30  
£24



### **Supporting a Child with ADHD**

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
3rd April  
19:00 - 20:30  
£24



### **Improving Family Communication**

How to reduce the shouting and arguing and start the talking.

Anxiety Explained	18 MAR 7pm
What is ACT?	20 Mar 7pm
Understanding the Teenage Brain	24 MAR 10am
Supporting Healthy Sleep	24 MAR 7pm
Decreasing Depression	25 MAR 10am
Raising Self-Esteem	25 MAR 7pm
AUTISM: Improving Communication	2 APR 10am
Supporting a Child with ADHD	3 APR 10am
Improving Family Communication	3 APR 7pm
Supporting Healthy Screen Use	7 APR 10am
Facing Defiance	7 APR 7pm
Anxiety-Based School Avoidance	8 APR 10AM
Understanding Anger	8 APR 7pm
Anxiety Explained	14 APR 10am
Cannabis & Ketamine Awareness	14 APR 7pm



# What's on

at Northallerton library

## April 2025

**Until 14 April**

- **Red Riding and the Brothers Grimm**, art exhibition in our gallery by Christopher P Wood, inspired by Brothers Grimm fairy tales.

**Tuesday, 1 April**

- **Adult Learning drop-in session, 9.30-11.30am**, chat about courses and future events coming up from the Adult Learning service.

**Thursday, 3 April**

- **Northallerton Ageing Well Forum coffee morning, 10.30am-12.30pm**, speakers and activities, first Thursday each month. Email [jane.wynll@ageuknyd.org.uk](mailto:jane.wynll@ageuknyd.org.uk) for details.

**Thursday, 10 April**

- **Spring flower arranging workshop with Northallerton and District workshop, 2-4pm**, create your own Easter-themed display to take away, tickets £4.50, booking essential as places are limited. Contact the library to book.

**Friday, 11 April**

- **Family fun with Adult Learning, 10.30am-12.30pm**, crafts with Adult Learning. Admission free, booking essential, bring ID. Book at [www.northyorks.gov.uk/family-fun](http://www.northyorks.gov.uk/family-fun)

**Wednesday, 16 April**

- **Library coffee morning, 10.30am-12.30pm**, join us for a cuppa and a chat on the third Wednesday of each month.

**Wednesday, 16 April**

- **Fostering drop-in session, 10.30am-12 noon**, drop-in to learn more about the opportunities available through Fostering North Yorkshire.



**Thursday, 17 April**

- **Easter children's crafts, 2-3pm**, hop along with your little ones to make Easter-themed items. All materials are included. Booking is essential. Suggested donation of £1.

**Wednesday, 23 April**

- **World Book Night**, drop in to pick up a free Quick Read copy of self-help guide The Mind Manual. Stocks are limited, so it's first come first served.

**Saturday, 26 April**

- **Local councillors' surgery, 10am-noon**, talk to your councillor at this monthly drop-in.

## Regular events

**Tuesday**

- **Breastfeeding support group, 10-11am**, drop-in for new and expectant mums.
- **Poetry Group, 10.30am**, poetry discussion group, fourth Tuesday of each month - 22 April.
- **Stay and Play, 2-3pm**, play session for under-5s and their parents or carers.

**Wednesday**

- **Lego Club, 3.30-4.30pm**, for ages 4 to 11. Children 8 or under must be supervised.

**Friday**

- **Storytime, 10-10.30am**, story time with rhymes, colouring and crafts for under-5s.
- **Primetime, 10-11am**, seated indoor games. Booking required, £4.

**Saturday**

- **Code Club, 10-11am**, for ages 8-11, booking required, fortnightly during school term time.



**NORTH  
YORKSHIRE  
COUNCIL**

**NORTHALLERTON  
LIBRARY:**

# *Easter*

## **CHILDREN'S CRAFT**

Hop along with your little ones to the library and make some Easter themed items.

All materials included  
Suggested donation of £1

Booking essential!

**17TH  
APRIL**

**2:00PM  
-  
3:00PM**



For more information, phone 01609 533832  
or email [northallerton.library@northyorks.gov.uk](mailto:northallerton.library@northyorks.gov.uk)



# Create a spring floral display

Join **Northallerton & District Flower Club** for a flower arranging workshop

Learn how to create Easter-themed  
floral decorations to take home

**Northallerton library**

Thursday, 10 April, 2-4pm



**Tickets £4.50** Booking essential as places are limited  
For more information, phone **01609 533832** or  
email **[northallerton.library@northyorks.gov.uk](mailto:northallerton.library@northyorks.gov.uk)**