

# Newsletter

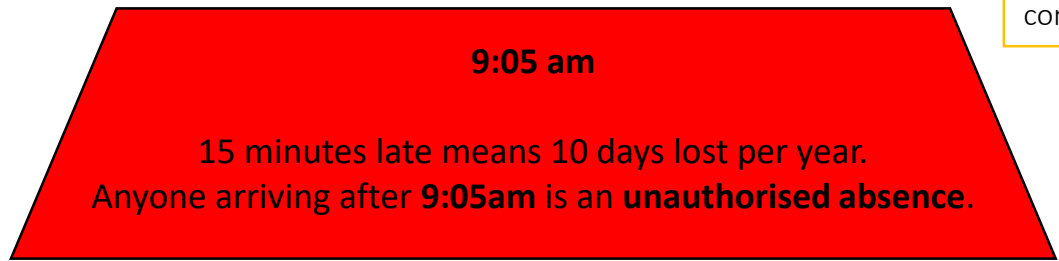
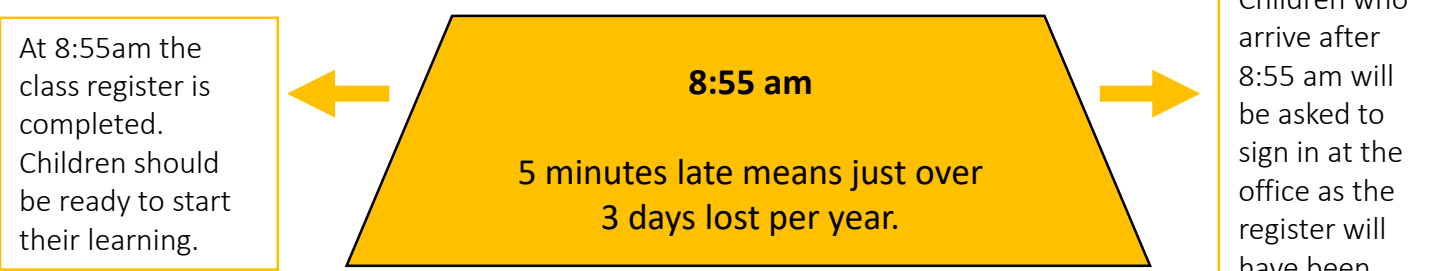
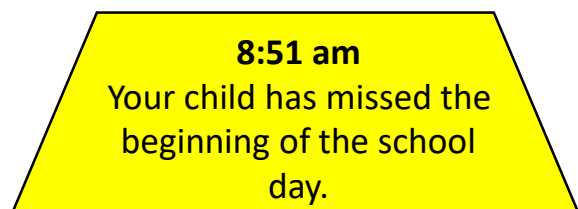
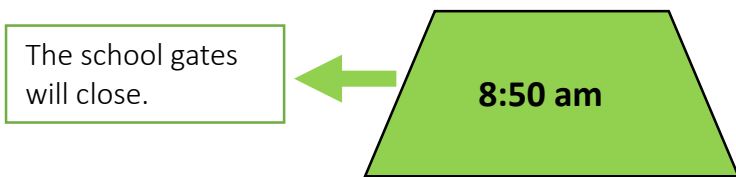
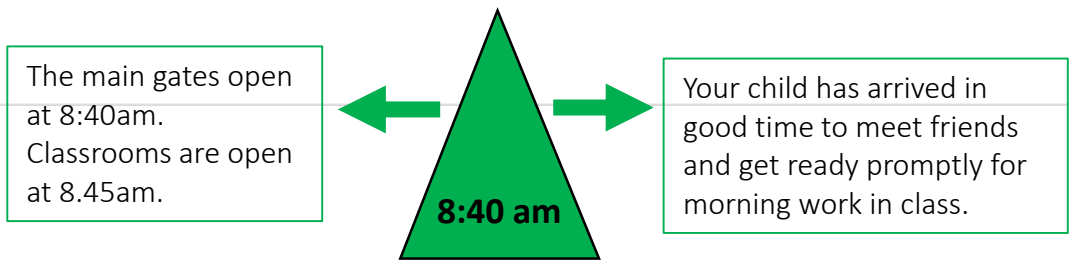
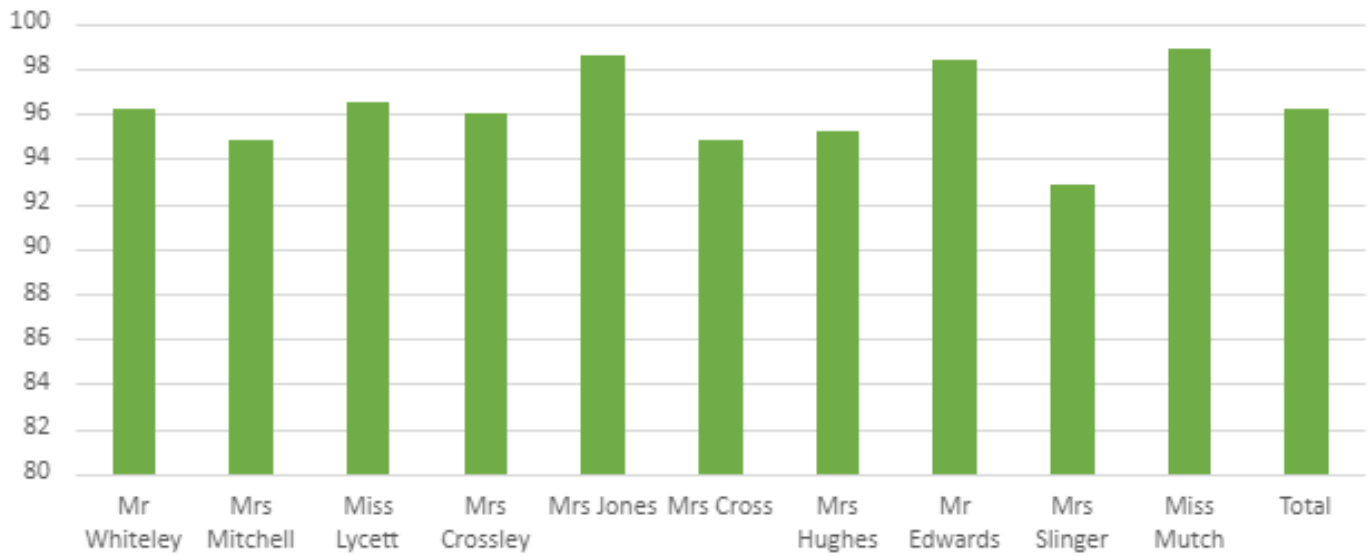
Friday 24<sup>th</sup> May 2024

The winner of this week's Golden Welly Award is... Dev D

Class	Chosen by Teacher	Chosen by Class
Mrs Burrell	Mrs Fowler	
Mr Whiteley	Oscar B	Wren K
Mrs Mitchell	Willow J	Willow J
Miss Lycett	Jackson P	Jackson P
Mrs Crossley	Arthur L	Alex C
Mrs Jones	Harley M	Mali C
Mrs Cross	Amelia C	Ethan S
Mrs Hughes	Harry T	Isla-May S
Mrs Bailey	Elsie S	Lily E
Mrs Slinger	Roman I	Lottie-Leigh P
Miss Mutch	Charlie B	Max B



# Attendance 13<sup>th</sup> May – 17<sup>th</sup> May



# Pride 2024

Today, pupils and staff wore a rainbow of multi colours to acknowledge the challenges faced by the LGBTQ+ community and to stand in solidarity with their fight for equality, acceptance, and human rights. Pride Month is a joyful and colorful display of love, unity, and resilience, with events and activities that promote inclusivity, educate the public, and celebrate diversity.







## Free Scribble Zone Taster Sessions

For any Year 6 going into Year 7, there are Scribble Zone taster sessions in Northallerton Library over the summer. Scribble is a weekly, term time after school club for Year 7 and over. It is a digital art and arty expressionism club.

# Mini Police Graduation

A very exciting day today as we invited our amazing Mini Police Officers to North Yorkshire Police's HQ for their graduation.

The Y4 students from Applegarth Primary have worked so hard over the last term learning about different aspects of policing. They've really done their school proud and were presented with certificates by our Inspector.

We would like to say a huge thank you to Broadacres for helping us kit out the officers and our local Tesco store for providing graduation goodies.





# An Archaeologist Visits Y3/4

To support their learning about the Vikings in Britain, children in Y3/4 were treated to a visit from real life archaeologist, Erik Matthews, who has been working at Hornby Castle for the past few years, excavating and learning about its special history including deciphering the meaning behind some Viking and Anglo-Saxon artefacts that have been discovered there.

Erik told them how he was proud to be half-Viking and showed them pictures of what had been found in parts of Scandinavia and at Hornby Castle too. Children asked lots of questions and were impressed by Erik's knowledge. What a treat! Some children have already decided to become archaeologists after the visit!



# School Lunch Taster Session

Thank you to everyone who visited our food tent and sampled the new recipes for autumn term. The feedback was very positive.

The price of school meals is subject to change.

- More pupils in KS2 taking a school meal = lower price
- Lower price = even more people taking a school meal
- More people taking a school meal = lower price again

The more people who commit to school meals, the better off everyone will be and the virtuous cycle will begin.

It works the other way too: **if we have a drop in people taking a school meal, we are charged more for each meal and the price has to increase.**



# School Calendar

Event	Class	Location	Date and Time
Pride Month	Whole School	Applegarth Primary School	June 2024
School Avoidance Webinar	Whole School	Online	Tuesday 11 <sup>th</sup> June 2024 5:30pm <a href="#">Click here to join</a>
Reception New Starters Welcome Event	Reception Sep 2024 Class	Applegarth Primary School	Wednesday 12 <sup>th</sup> June 2024 5:00pm – 6:00pm
Autistic Pride Day	Whole School	Applegarth Primary School	Tuesday 18 <sup>th</sup> June
Nursery New Starters Welcome Meeting	Nursery	Applegarth Primary School	Wednesday 19 <sup>th</sup> June 4:30pm – 5:30pm
Sports Day	Whole School	Applegarth Primary School	Key stage two Wednesday 19 <sup>th</sup> June 2024 9:30am – 11:30am  Reception and key stage one 1:10pm – 2:45pm
Internet Safety and Mental Health Roadshow	Year 5 and 6	Northallerton Town Hall	Thursday 20 <sup>th</sup> June 2024
Class & Group Photographs	Whole School	Applegarth Primary School	Friday 21 <sup>st</sup> June 2024 9:00am – 2:00pm
Robinwood	Year 6	Robinwood , Alston	Monday 24 <sup>th</sup> June – Wednesday 26 <sup>th</sup> June 2024
PTA Summer Fair	Whole School	Applegarth Primary School	Friday 28 <sup>th</sup> June 3:30pm – 5:00pm



Sports Day (contingency date)	Key stage two	Applegarth Primary School	Key stage two Wednesday 3 <sup>rd</sup> July 9:30am – 11:30am Reception and key stage one 1:10pm – 2:45pm
Nursery Sports Day and Celebration Picnic	Nursery	Applegarth Primary School	Thursday 4 <sup>th</sup> July 1:30pm – 3:00pm
Year 6 Leavers' Performances	Year 6 Families	Applegarth Primary School	Monday 8 <sup>th</sup> July 5:30pm – 7:00pm Tuesday 9 <sup>th</sup> July 1:30pm – 3:00pm Thursday 11 <sup>th</sup> July 5:30pm – 7:00pm
Mr Renwick World Cup	Whole School	Applegarth Primary School	Wednesday 10 <sup>th</sup> July
Nursery and Reception New Starters Transition Day	Nursery and Reception Sep 2024 Class	Applegarth Primary School	Friday 12 <sup>th</sup> July 9:30am – 3:30pm

## 2024/2025 Academic Year

Event	Class/Phase	Location	Date and Time
Macmillan Coffee Morning	Whole School	Applegarth Primary School	Friday 27 <sup>th</sup> September
PTA Halloween Disco	Whole School	Applegarth Primary School	Thursday 26 <sup>th</sup> October Nursery, Reception and Key Stage One 5:00pm- 6:00pm Key Stage Two 6:15pm – 7:15pm
PTA Christmas Fair	Whole School	Applegarth Primary School	Friday 29 <sup>th</sup> November 3:30pm – 5:00pm
Key Stage Two Carol Concert	Years 3 - 6	All Saints Church TBC	Wednesday 4 <sup>th</sup> December 10:00am – 11:00am
Key Stage One Nativity	Years 1 and 2	Applegarth Primary School	Monday 9 <sup>th</sup> December 6:00pm – 7:00pm Tuesday 10 <sup>th</sup> December 10:00am – 11:00am
Key Stage Two Panto	Years 3 - 6	Applegarth Primary School	Tuesday 10 <sup>th</sup> December 6:00pm – 7:00pm Thursday 12 <sup>th</sup> December 6:00pm – 7:00pm
Reception Nativity	Reception	Methodist Church, Northallerton	Tuesday 17 <sup>th</sup> December 10:00am – 11:00am

TRAINING DAYS

APPLEGARTH SCHOOL TERM DATES 2024-2025

HOLIDAYS

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S							
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DEC	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
JAN			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
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MAY						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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# What Parents & Educators Need to Know about **SCHOOL AVOIDANCE**

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person; it's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

## UNDERSTANDING SCHOOL AVOIDANCE

### REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

### PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress - such as changes in the environment, changes of routine and sensory stimuli.

### COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

## IMPACT OF SCHOOL AVOIDANCE

### LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

### LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far-reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

### CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a risk in their ongoing need to avoid the activity which is making them anxious - increasing their desire to stay at home.

## Advice for Parents & Educators

### WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

### FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

### MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practise the strategies in less overwhelming situations first.

### REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

### Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College





Applegarth School

AIM HIGH... BE HAPPY... CELEBRATE... TOGETHER

# Applegarth School Summer Fayre 2024 28th June 2024

We are looking for Donations for our Summer Fayre, this can include anything from bottled items, teddies, cakes, items for our Tombola, Raffle prizes and preloved uniform

*All monies raised will help to fund school equipment and enrichment activities for the children*

All donations can be brought into school and handed to your class Teacher

IF YOU ARE ABLE TO VOLUNTEER ON THE DAY PLEASE LET SCHOOL KNOW.  
SET UP TIME IS 1.30PM AND TIDYING UP FINISHES AROUND 6PM.





**ENJOY THIS MAY HALF TERM WITH US**  
FOOTBALL PITCH / SOFTPLAY / DELICIOUS FOOD  
OPEN EVERY DAY

# MAY HALF-TERM 2024

**JOIN US FOR THE BEST KIDS  
EXPERIENCE IN NORTHALLERTON!**



## **BATTLE ROYALE**

Thursday 30th May  
5-7pm

1 hour soft play  
1 hour laser Battle  
Royale style games  
includes pizza slices,  
fries and salad sticks  
£14.95 per child

**book now**

**AVOID DISAPPOINTMENT  
THIS SCHOOL HOLIDAY  
PLEASE BOOK AHEAD**

GO TO [CRAZYKINGDOM.CO.UK](http://CRAZYKINGDOM.CO.UK)  
AND CLICK "BOOK YOUR VISIT"

Or scan  
the QR  
Code





# HOLIDAY ROCK CLIMBING



Our holiday climbing sessions are an ideal way for kids to get out and enjoy the great outdoors during the holidays. With activities including climbing, abseiling and weaselling, it is an action-packed day.

Just a packed lunch and clothes for climbing, scrambling, crawling and squirming amongst the rocks and we'll provide the rest.

**£52.50, or £97.50 for siblings**

**Ilkley Cow & Calf:** Tuesday, 28th May, 9.30am-4.30pm

**Brimham Rocks:** Thursdays, 30th May, 9.30am-4.30pm



**Book online or contact us via email**

 [WWW.MYEXPEDITIONROCKS.COM](http://WWW.MYEXPEDITIONROCKS.COM)

 [INFO@MYEXPEDITIONROCKS.COM](mailto:INFO@MYEXPEDITIONROCKS.COM)



*Scan me!*





**NORTHALLERTON  
TOWN COUNCIL  
&  
RAF LEEMING**

CELEBRATE OUR LINKS WITH A

# FREEDOM PARADE



FRIDAY 31ST MAY 2024



NORTHALLERTON TOWN SQUARE



10:30 ONWARDS WITH A FLY PAST AT 11:00



MILITARY BAND AND PARADE



INFORMATION STALLS FROM  
A VARIETY OF RAF TEAMS

PLEASE NOTE, IN CASE OF EXTREME  
WEATHER THE EVENT WILL NOT PROCEED

[www.northallertontowncouncil.gov.uk](http://www.northallertontowncouncil.gov.uk)





**NCFE**

**CACHE**

**FREE**

# Teaching Assistant\* Qualification\*

The Swaledale Alliance offers the nationally recognised NCFE CACHE Level 3 Certificate in Supporting Teaching & Learning.

The benefits of training through Swaledale Alliance:

- Face-to-face knowledge sessions led by current teaching staff.
- Guaranteed real work experience in local schools across Richmondshire and Hambleton.
- Sponsorship schemes available to help those returning to work or changing career.
- Personal tutor support and resources included.

**SUPPORT YOUR LOCAL SCHOOL AND GAIN A  
QUALIFICATION**

\*Registration & admission fee applies.

**TRAIN  
IN LOCAL  
SCHOOLS**



● ● ● ● ● Applications for September 2024 now open! Email for more details.



info@swaledalealliance.org



01748 818195



www.swaledalealliance.org



DL10 7JW





NORTH  
YORKSHIRE  
COUNCIL

# HALF TERM FAMILY FUN WITH CRAFTS

Wednesday 29th May  
14:00pm - 16:00pm  
Catterick Library

*Please ensure you book your place beforehand*

**Children must be accompanied by an adult at all times.**

[www.northyorks.gov.uk/adultlearning](http://www.northyorks.gov.uk/adultlearning)

Tel: 01609 536 066

Email: [AdultLearningService@northyorks.gov.uk](mailto:AdultLearningService@northyorks.gov.uk)



# **NORTHALLERTON TENNIS CLUB**

## **Mini Membership and Coaching For Primary Aged Children**



### **2024 SEASON**

**Coaching sessions are run by our qualified LTA coach  
every Saturday morning.**

**£8.80 per hour for Non-Members**

**£6.60 per hour for Members when block booking  
Membership is only £10 per season.**

**You can join and/or book online at**

**<https://clubspark.lta.org.uk/NorthallertonTennisClub>**

**Enquiries can be directed to: [ntccoaching22@gmail.com](mailto:ntccoaching22@gmail.com)**

**Pupil premium families' discount may be provided upon request.**

**Northallerton Tennis Club, Farndale Avenue DL7 8SN**