

# Applegarth Primary School Newsletter



Friday 24<sup>th</sup> March 2023

## Stars of the Week

Class	Chosen by Teacher	Chosen by Class
Mrs Burrell	Kai W	Ava B
Mr Whiteley	Beatrice L	Ivy T
Mrs Mitchell	Charlie F	Paige P-Y
Miss Gooding	WHOLE CLASS	Cohen S
Mrs Crossley	Willow B	Daniel H
Mrs Jones	Rowan P	Emily B
Mrs Cross	Finn R	Bonnie B
Mrs Hughes	Poppy S	Poppy S
Miss Mutch	Gracie W	Charlie B
Mrs Slinger	Michael A	Oliver B
Mrs H & Mr E	Ted R	Amelia S

# House Points

1773      1746      1556      1618

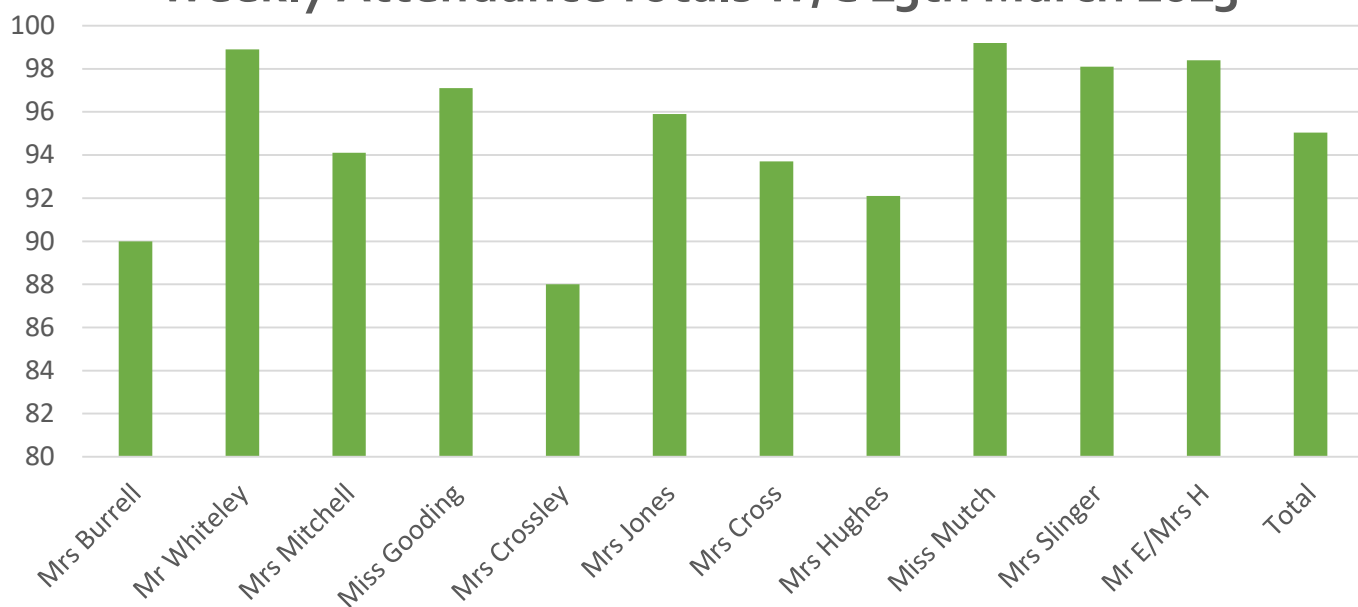
APPLEGARTH VALUES AWARD  
This week, \_\_\_\_\_ has demonstrated being **RESPECTFUL** by \_\_\_\_\_  
A super display of our values!  
Signed: \_\_\_\_\_ Date: \_\_\_\_\_

APPLEGARTH VALUES AWARD  
This week, \_\_\_\_\_ has demonstrated being **READY** by \_\_\_\_\_  
A super display of our values!  
Signed: \_\_\_\_\_ Date: \_\_\_\_\_

APPLEGARTH VALUES AWARD  
This week, \_\_\_\_\_ has demonstrated being **SAFE** by \_\_\_\_\_  
A super display of our values!  
Signed: \_\_\_\_\_ Date: \_\_\_\_\_

# Attendance

## Weekly Attendance Totals W/C 13th March 2023



## The link between high attendance and educational outcomes

- Pupils who **did not achieve the expected standard** in reading, writing and maths at the end of Key Stage Two in 2019 had an overall attendance of **95.3%** over the key stage. This is compared with **96.5%** among pupils who **achieved the expected standard** and **97.3%** among those who **achieved the higher standard**.
- **84%** of pupils with **100%** attendance in KS2 achieved the expected standard compared to **40.2%** of pupils who were persistently absent!

## Parent Governor Vacancy Deadline

Further to the advert on last week's newsletter, I can confirm that the deadlines for expressions of interest for the parent governor role is Friday 21<sup>st</sup> April.



## Y5 GEOGRAPHY HIKING TRIP

23.03.2023

Today, the year 5s hiked in the Yorkshire Dales to experience what it might be like to be on an expedition like what we...

On Wednesday, the Year 5s hiked in the Yorkshire Dales to experience what it might be like to be on an expedition like what we have learnt about in our Frozen Kingdoms topic. It's safe to say we have more of an appreciation of how hard it must have been, especially in Arctic conditions. We thoroughly enjoyed our 6km hike and saw some beautiful sights as well. See [The Blog](#) for more pictures.



# Easter Fun at Thorpe Perrow

Step into the pages of Beatrix Potter's magical tales on our family-friendly trail. Come along and see if you can spot Mrs Tiggy-Winkle, Peter Rabbit, Jeremy Fisher and other well-known characters surrounded by fun and imaginative scenes.

New! This year's trail comes to life over the Easter Weekend! Your little explorers can meet Beatrix Potter and Mr McGregor over the Easter Weekend as they collect clues for their trail prize.

The trail will run from Saturday 25th March to Sunday 16th April (with live-action Friday 7th April to Monday 10th April inclusive).

Standard Entry applies. Trail sheets can be purchased on the day at an additional cost of £2.50 which includes a prize for all!

Just a kindly reminder that by pre-booking your entry tickets via our website, you make a saving versus purchasing on the day [www.thorpperrow.com](http://www.thorpperrow.com)

## Red Nose Day 2023

Thank you for all of your generous donations (and wonderful non uniform). We raised **£225.60** on Red Nose Day which will go towards helping some very worthwhile causes.

## School Calendar (this half term)

Event	Class/Phase	Venue	Date(s)/Time(s)
Easter Bunny Run (PTA)	Whole School PE Kits to be worn	Applegarth Primary School	Tuesday 28 <sup>th</sup> March
Easter Performance	Key Stage Two	All Saints Church	Wednesday 29 <sup>th</sup> March 5:00pm – 6:00pm
British Science Week	Whole School	Applegarth Primary School	Monday 27 <sup>th</sup> – Friday 31 <sup>st</sup> March Dress up as a job related to science on Friday

# School Calendar (long term continued)

Event	Class/Phase	Venue	Date(s)/Time(s)
Easter Holidays	Whole School	Applegarth Primary School	Monday 3rd April - Friday 14th April
Professional Development Training Day	Whole School	Applegarth Primary School	Monday 17th April
Nursery Open Event	Prospective Families and Pupils	Applegarth Primary School	Thursday 27th April 3:30pm – 6:00pm
Key Stage One SATs	Year 2	Applegarth Primary School	Throughout May <b>DO NOT BOOK HOLIDAYS</b>
May Bank Holidays	Whole School	Applegarth Primary School	Monday 1st May and Monday 8th May
Key Stage Two SATs Week	Year 6	Applegarth Primary School	Tuesday 9th May – Friday 12th May <b>DO NOT BOOK HOLIDAYS</b>
Carlton Lodge Residential	Year 5	Carlton Lodge, Carlton Miniott	Thursday 11th May and Friday 12th May
Coronation Disco (PTA)	Whole School	Applegarth Primary School	Thursday 18th May Reception, and Key Stage One 5:00pm – 6:00pm Key Stage Two 6:15pm – 7:15pm
Half Term	Whole School	Applegarth Primary School	Monday 29th May – Friday 2nd June
Robinwood	Year 6	Robinwood, Alston	Monday 5th June – Wednesday 7th June
Phonics Screening Check	Year 1	Applegarth Primary School	Monday 12th June – Friday 16th June <b>DO NOT BOOK HOLIDAYS</b>
Multiplication Tables Check	Year 4	Applegarth Primary School	Monday 12th June – Friday 30th June <b>DO NOT BOOK HOLIDAYS</b>
Reception and Key Stage One Sports Day	Reception, Year 1 and Year 2	Applegarth Primary School	Tuesday 20th June 9:30am – 12:00pm
Armed Forces Day	Service Pupils	Catterick Garrison, Ypres Lines	Wednesday 21st June
Key Stage Two Sports Day	Years 3, 4, 5 and 6	Applegarth Primary School	Tuesday 27th June 9:00am – 11:00am

# School Calendar (long term continued)

Event	Class/Phase	Venue	Date(s)/Time(s)
Summer Fair (PTA)	Whole School	Applegarth Primary School	Friday 30 <sup>th</sup> June 3:15pm – 5:00pm
Year 6 Leavers Performance	Whole School and Families	Applegarth Primary School	Wednesday 19 <sup>th</sup> July 2:00pm – 3:00pm
Break up for Summer Holidays	Whole School	Applegarth Primary School	Friday 21 <sup>st</sup> July
Halloween Disco (PTA)	Whole School	Applegarth Primary School	Thursday 26 <sup>th</sup> October R and Key Stage One 5:00pm – 6:00pm Key Stage Two 6:15pm – 7:15pm
Christmas Carols	Key Stage Two	All Saints Church	Wednesday 6 <sup>th</sup> December T 5:00pm – 6:00pm
Christmas Fair	Whole School	Applegarth Primary School	Friday 8 <sup>th</sup> December 3:15pm – 5:00pm
Key Stage One Nativity	Key Stage One	Applegarth Primary School	Monday 11 <sup>th</sup> December 6:00pm – 7:00pm Tuesday 12 <sup>th</sup> December 10:00am – 11:00am
Reception Nativity	Reception	Methodist Church	Tuesday 19 <sup>th</sup> December 10:00am – 11:00am

## Our Safeguarding Team

At school we have five members of staff and a governor who make up our Safeguarding Leadership Team. Mr Peoples is our Designated Safeguarding Lead (DSL); he is the lead person responsible for child protection and safeguarding issues. Mrs Hopkin, Mr Edwards and Mrs Crossley are our Deputy Designated Safeguarding Leads (Deputy DSLs); a deputy DSL supports the DSL in their role safeguarding and child protection. Mrs Jo Burnside is our Safeguarding Link Governor. The role of the Safeguarding Governor is to support the DSL as well as regularly review, ask questions and make suggestions about our safeguarding policies and procedures and to report back to the governing body.

**All staff at Applegarth know that safeguarding is EVERYONE'S responsibility. Find out more on our [Safeguarding Page](#).**

For information about **Online Safety**, visit our dedicated [webpage](#).

You can also report any concerns you have to our **[recently-changed welfare email: dsl@applegarth.n-yorks.sch.uk](mailto:dsl@applegarth.n-yorks.sch.uk)**



# APPLEGARTH SCIENCE WEEK DRESS UP DAY!

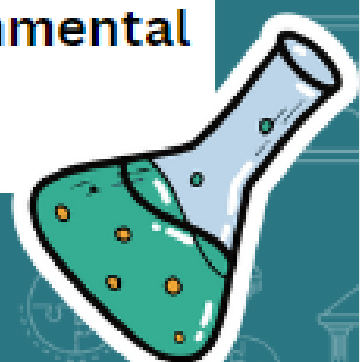


Do you know what the connection is between the jobs people have and Science? To celebrate our Science Week, this year we are inviting you to come to school on **Friday 31st March** dressed in something that celebrates Science and its connection with the jobs people have.

**There will be certificates for the best costumes!**

doctor dentist nurse zoologist vet  
lab scientist gardener engineer  
explorer astronaut marine biologist  
car mechanic palaeontologist  
meteorologist

laundry detergent scientist environmental  
scientist





£8

Entry and a meal from the kids menu

Term Time  
Only 3.30PM  
- 6.00PM  
Tues - Fri

**AFTER SCHOOL**

**MEAL DEAL**



VISIT OUR WEBSITE



2 STANDARD WAY, NORTHALLERTON DL6 2XH

BOOK NOW! GO TO [CRAZYKINGDOM.CO.UK](http://CRAZYKINGDOM.CO.UK) AND CLICK BOOK YOUR VISIT



# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

## WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND

- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



## REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST

- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD

- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.



National  
Online  
Safety®

#WakeUpWednesday

# Eggstravaganza - Free Family Fun

## Tuesday 4 April 10am to 3pm



## Join us for some rubbish fun!

- Try the Easter Challenge – find clues solve the puzzle
- Meet the Rotters – use pedal power to make delicious smoothies
- Take a tour (age 7+) – see what happens to your rubbish when you put it in the bin
- Get crafty – make something from items in your recycling bin

**Allerton Waste Recovery Park**  
**Knaresborough HG5 0SD**

(off A168 between Walshford and Boroughbridge)

For more information and to book your place go to  
[www.thalia.co.uk](http://www.thalia.co.uk)