## Applegarth Primary School Noveletter

## Newsletter

## Friday 17th March 2023



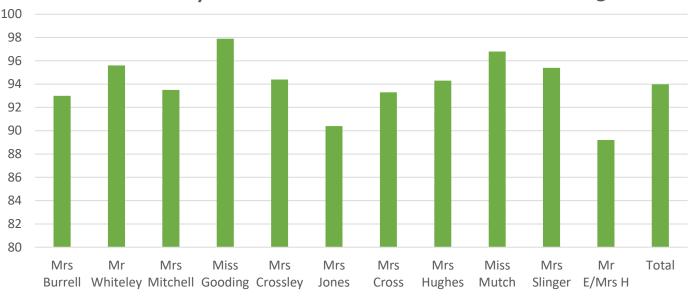
## Stars of the Week

Class	Chosen by Teacher	Chosen by Class	
Mrs Burrell	Ava-Isabella B	Jennifer F	
MrWhiteley	Teddy B-L	Jack S	
Mrs Mitchell	Phi Uyen N	Whole Class	
Miss Gooding	Adelina C	Isaac S	
Mrs Crossley	Amelia-Rose O	James C	
Mrs Jones	Blake C	Finlay C-A	
Mrs Cross	Erin B	Lola-Rose M	
Mrs Hughes	Ella R	Lily E	
Miss Mutch	Max B	Atlanta C	
Mrs Slinger	Whole Class	Eliza-Ella K	



## **Attendance**





## Year 5 and 6 Netballers Take Gold!

Today, our Year 5 and Year 6 netball team competed against other schools in our Beacon Cluster (local Northallerton schools) and came away victorious! Charlie S also won the *Shooter of the Tournament Award*. A huge well done to everyone involved.



## **Governance Updates**

## Nursery Approval

Governors approved the proposal to open a nursery on site in September 2023.

## Our offer:

- A 20-place governor led nursery for children aged 3 years +
- Our early years leader will oversee the nursery and pupils will be taught by an **experienced qualified teacher** and a teaching assistant in the setting.
- We plan to provide wraparound care in the medium to long term, but initially we will be opening without wraparound care whilst we establish routines.

#### What's next?

Families who expressed an interest have been contacted and we will hold an open event after Easter (see calendar pages). During or after the open event, families who are interested in applying can complete a formal application.

## New Appointment

Last night, the governing body voted in Mrs Claire Mitchell as a community co-opted governor. Claire has extensive knowledge of the school (having taught here during Mrs Burrell's maternity leave). She has a wealth of expertise in the early years which comes at the perfect time as we begin the process of opening our own nursery provision. It is a wonderful compliment to our school that Mrs Mitchell enjoyed working here so much that she is eager to come back on a voluntary basis to be part of our school's leadership. We look forward to her attending her first meeting in May 2023.

## Thank you, Mr Curran

Mr Curran has been an asset to our school over the last two years. He has been instrumental in the writing of the schools vision and values as well as the five-year strategic plan. I would like to formally thank him for his time, effort and service. Mr Curran has taken the decision to step down. This leaves us with a parent governor vacancy.

## Parent Governor Vacancy

There is currently a vacancy for a parent governor on the governing body and I am writing to encourage you to put your name forward. Being a governor can be very rewarding; do not worry if you have no experience in education matters as full training and support are available from North Yorkshire Education Service and your colleagues on the governing body.

#### Have you thought about becoming a Parent Governor?

Becoming a parent governor offers you the opportunity to make a real contribution to the life and work of our school. Governors play a key role in the leadership of the school and work together with the Headteacher, staff and other governors to ensure that our school provides a challenging and supportive environment for its pupils.

#### Who can be a Parent Governor?

All parents and carers of registered pupils are eligible to become parent governors. Every parent, whether or not you live with the pupil, is entitled to be nominated as a parent governor and to vote in a parent governor election. Someone who has parental responsibility or day-to-day care of a student is also eligible to serve and to vote.

#### How long do Parent Governors serve for?

The usual term of office is four years from the date of appointment . If you choose to, you can complete your term of office even if your child has since left the school.

## How are Parent Governors nominated and elected?

If you would like to put your name forward please complete a **nomination form** and submit a statement stating why you would like to be a governor (no more than 150 words). Forms are available from the school office. If more than one nomination is received, an election will be held and the ballot papers for this will be sent to all parents and carers.

If you are interested and would like to find out more, please contact us. We look forward to hearing from you.

Yours faithfully,

Mr Peoples

## Changes to Timings of the School Day

By September 2023, the DfE has set the minimum expectation for the school week at 32.5 hours. The time is calculated from the first register until the official end of the school day. It includes breaks and lunchtimes within the school day. We kept the 8:45am staggered entry after Covid as part of our transition towards meeting this expectation.

Pupils who arrive at 8:45am will be getting their entitlement to a 32.5 hour week. In order to ensure that **all** pupils receive the correct number of hours as a minimum, there are some slight adjustments to be made.

- The gates will open at 8:40am
- The gates will be locked on a morning at 8:50am and the register will be taken (instead of 9:00am as it currently stands)
- The end of the school day will be 3:20pm

These changes will come into effect after the Easter holidays (**from Tuesday 18**<sup>th</sup> **April**). I appreciate this may be present some challenges in terms of morning routines and childcare, but it is our legal duty to make the changes. This is also the reason we have given 4 weeks notice before implementing the change.

## **School Calendar** (this half term)

Event	Class/Phase	Venue	Date(s)/Time(s)
Carlton Lodge Family Meeting	Year 5	Applegarth Primary School	Wednesday 22 <sup>nd</sup> March 5:00pm — 5:45pm (Provisional)
Reception – Year 5 Parent/Carer Evenings	Reception – Year 5	Applegarth Primary School (in person)	Thursday 23rd March 3:30pm – 5:00pm (in person) 5:15pm – 6:00pm (online)  Tuesday 28 <sup>th</sup> March 3:30pm – 5:00pm (in person) 5:15pm – 6:00pm (online)
Easter Bunny Run (PTA)	Whole School PE Kits to be worn	Applegarth Primary School	Tuesday 28 <sup>th</sup> March
Easter Performance	Key Stage Two	All Saints Church	Wednesday 29 <sup>th</sup> March 5:00pm — 6:00pm
British Science Week	Whole School	Applegarth Primary School	Monday 27 <sup>th</sup> — Friday 31 <sup>st</sup> March Dress up as a job related to

science on Friday

School Calendar (long term continued)					
Event	Class/Phase	Venue	Date(s)/Time(s)		
Easter Holidays	Whole School	Applegarth Primary School	Monday 3rd April - Friday 14th April		
Professional Development Training Day	Whole School	Applegarth Primary School	Monday 17 <sup>th</sup> April		
Nursery Open Event	Prospective Families and Pupils	Applegarth Primary School	Thursday 27 <sup>th</sup> April 3:30pm — 6:00pm		
Key Stage One SATs	Year 2	Applegarth Primary School	Throughout May DO NOT BOOK HOLIDAYS		
May Bank Holidays	Whole School	Applegarth Primary School	Monday 1 <sup>st</sup> May and Monday 8 <sup>th</sup> May		
Key Stage Two SATs Week	Year 6	Applegarth Primary School	Tuesday 9 <sup>th</sup> May — Friday 12 <sup>th</sup> May <mark>DO NOT BOOK HOLIDAYS</mark>		
Carlton Lodge Residential	Year 5	Carlton Lodge, Carlton Miniott	Thursday 11 <sup>th</sup> May and Friday 12 <sup>th</sup> May		
Coronation Disco (PTA)	Whole School	Applegarth Primary School	Thursday 18 <sup>th</sup> May Reception, and Key Stage One		

**Applegarth Primary School** 

Applegarth Primary School

**Applegarth Primary School** 

**Applegarth Primary School** 

**Catterick Garrison, Ypres Lines** 

**Applegarth Primary School** 

Robinwood, Alston

Half Term

Robinwood

**Screening Check** 

Multiplication

Reception and

**Key Stage One** 

**Armed Forces** 

Key Stage Two

**Sports Day** 

Day

**Tables Check** 

Phonics

Whole School

Year 6

Year 1

Year 4

Reception,

Year 1 and

**Service Pupils** 

Years 3, 4, 5

Year 2

5:00pm – 6:00pm Key Stage Two 6:15pm – 7:15pm

Monday 29<sup>th</sup> May — Friday 2<sup>nd</sup> June

Monday 12th June -

Monday 12th June -

Friday 16th June

Friday 30th June

Tuesday 20th June

9:30am - 12:00pm

Tuesday 27th June

Wednesday 21st June

7<sup>th</sup> June

Monday 5<sup>th</sup> June – Wednesday

DO NOT BOOK HOLIDAYS

DO NOT BOOK HOLIDAYS

## **School Calendar** (long term continued)

Event	Class/Phase	Venue	Date(s)/Time(s)
Summer Fair (PTA)	Whole School	Applegarth Primary School	Friday 30 <sup>th</sup> June 3:15pm – 5:00pm
Year 6 Leavers Performance	Whole School and Families	Applegarth Primary School	Wednesday 19 <sup>th</sup> July 2:00pm — 3:00pm
Break up for Summer Holidays	Whole School	Applegarth Primary School	Friday 21 <sup>st</sup> July
Halloween Disco (PTA)	Whole School	Applegarth Primary School	Thursday 26 <sup>th</sup> October R and Key Stage One 5:00pm — 6:00pm Key Stage Two 6:15pm — 7:15pm
Christmas Carols	Key Stage Two	All Saints Church	Wednesday 6 <sup>th</sup> December T 5:00pm – 6:00pm
Christmas Fair	Whole School	Applegarth Primary School	Friday 8 <sup>th</sup> December 3:15pm — 5:00pm
Key Stage One Nativity	Key Stage One	Applegarth Primary School	Monday 11 <sup>th</sup> December 6:00pm - 7:00pm Tuesday 12 <sup>th</sup> December 10:00am - 11:00am
Reception Nativity	Reception	Methodist Church	Tuesday 19 <sup>th</sup> December 10:00am — 11:00am

#### **Our Safeguarding Team**

At school we have five members of staff and a governor who make up our Safeguarding Leadership Team. Mr Peoples is our Designated Safeguarding Lead (DSL); he is the lead person responsible for child protection and safeguarding issues. Mrs Hopkin, Mr Edwards and Mrs Crossley are our Deputy Designated Safeguarding Leads (Deputy DSLs); a deputy DSL supports the DSL in their role safeguarding and child protection. Mrs Jo Burnside is our Safeguarding Link Governor. The role of the Safeguarding Governor is to support the DSL as well as regularly review, ask questions and make suggestions about our safeguarding policies and procedures and to report back to the governing body.

All staff at Applegarth know that safeguarding is EVERYONE'S responsibility. Find out more on our <u>Safeguarding Page</u>.

For information about Online Safety, visit our dedicated webpage.

You can also report any concerns you have to our <u>recently-changed welfare email:</u> dsl@applegarth.n-yorks.sch.uk

## Top Tips for Adopting

# SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

## WHAT IS DIGITAL RESILIENCE?

Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to erecover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE (LIFESTYLE CHOICES

- Make time for the people and things that make you happy.
- Monitor your screen time and stick to your limits.
- On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- Spread some positivity: post good reviews, leave encouraging comments and share good news.

#### KEEP YOUR HEALTH IN MIND

00

- Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

#### REACH OUT FOR SUPPORT

- If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- Follow people on socials who have the same values and morals as you.
- You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

#### **PUT SAFETY FIRST**



- If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
  - You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- Another option is to block the person or the account that's causing you a problem - or you could go one step further by totally deleting the app you were using.

#### GET THINGS CLEAR IN YOUR HEAD



- Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- Think about how it makes you feel when someone sends you a positive or funny message online.
- What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

#### Meet Our Expert

Cayley Jorgensen is a registered counselor with the irealth Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of inglage Suppor a mobile app focusing on mental health awareness with the goal of providing recourse and southfore to achieve working the pro-









# CREATION ARTS FESTIVAL

## SATURDAY 1ST APRIL @ 10AM-4PM

**CELEBRATING 25 YEARS OF OUR BUILDING!** 

## **ACTIVITIES FOR ALL AGES!**

HAVE A GO AT ARTS & CRAFTS & ZERO WASTE SOUPS
REFRESHMENTS & ART INSTALLATION & LEGO ART
THE ROTTERS & MAKE BEES WAX FOOD WRAPS
TREASURE HUNT & TOOLS WITH A MISSION

NEW LIFE BAPTIST CHURCH, 52-54 HIGH ST, DL7 8EG INFO@NLBC.ORG.UK



All Saints Church
4th Sunday
of the month
4-5pm

